

Hello! welcome to this  
video today I'm going through my  
five top tips for  
searching for a graduate job  
as a disabled student.

So, these tips are useful for those in  
Their final year of high school  
or university.

So, my first tip is to apply for  
everything so full-time, part-time,  
internships  
and voluntary opportunities as well  
um this is because when we have a  
disability

we are often limited to the type of job  
that we can do

and if we're also

only applying for part-time  
opportunities then that will limit  
the amount of jobs we apply for

and will potentially make the process  
longer. So I would recommend

deciding on a type of job that you want  
to apply for. Is it work from home? Is it  
working in an office?

Are you able to move and relocate for the job?

So, I would definitely make that decision  
before you start your application process

I wouldn't recommend applying for  
graduate schemes

just because those application processes

can be very very long and disabled applicants often do not make it past the first stage of the application process and if you do get an interview often you won't get feedback which is very very important if you are a new graduate looking for a job and I've written a blog post about my experiences applying for graduate schemes and why I think they are fundamentally ableist and I will link that below for you to check out later.

My second tip is to get relevant work experience. Employers will not look at your application unless you have work experience doing a degree will not guarantee you an interview anymore so, you can wait until after you graduate to get this work experience or you can do it as part of your degree.

For example, I did a work placement which made up my thesis.

So, I would definitely recommend doing a work placement if that can contribute to your course credits.

My third tip to save time and energy when searching for a job is to set up email alerts. You can do that through Indeed or any other job site you can also set up email alerts for specific companies if there is a company that you are particularly interested in working for. Often you can set up email alerts which

will let you know when jobs are available to apply for.

My fourth tip is to prepare to get rejected and to be unemployed for a while after you graduate.

So, the best way to prepare for this is to ensure that you have a place to live for at least a year after you graduate ensure that you take care of your mental health during this time. Being a new graduate with a disability it will take you longer to secure a job even if you graduate top of your class like I did it took me almost a year to get a job after I graduated just because I think that my disability did put off a lot of employers.

So definitely secure a safe living situation that maybe you'll be living with family or friends and ensure that you have sufficient funds to keep you going during this time.

My final tip is very important and it's don't compromise your health for a job. This is something I see time and time again with people with chronic illnesses and disabilities they're often forced to take a job that worsens their health and pushes them into a flare within the first few weeks of working that job. So, I would be very

careful when you  
apply for jobs and accept jobs  
make sure that you all working  
accommodations are being  
met with regards to your disability or  
illness to ensure that the job that you  
take doesn't compromise your health in the  
future.

Thank you for watching, I hope you enjoyed  
these tips. If you have any other tips  
about applying for jobs with a  
disability remember to pop them  
in the comments below.